THE GIFT OF LOVE
The Secret to Improving Your Work, Relationships, and Life in Only 10 Minutes a Day

Jerry DeShazo

&

Ron Peer
The brief book you’re about to read can change lives.

How do I know? Because it changed mine. So did the man behind it – Jerome (“Jerry”) DeShazo, who influenced me in too many ways to enumerate here. But I’m not alone. Jerry served as a mentor for many who entered his sphere of influence.

This book's genesis is a short poetical writing called *The Gift of Love*, written by Jerry. This brief writing and the simple, yet powerful, philosophy behind it, was the culmination and synthesis of Jerry’s work. Having known Jerry for two decades, I have had a fascinating experience tracking the work's development over the years. As you're about to discover, what began as a process to use in business metamorphosed into a universal approach that anyone can use in virtually any situation.

The core of this book is an instruction manual for using *The Gift of Love* process. It’s an easy book to read. Deceptively easy. But then again, most worthwhile things in life are simple. If you find that performing the meditative and breathing process as directed is extremely effortless, good — because Jerry spent years fine-tuning this process so that it could be understood and used by all.
Jerry had *Gift of Love* cards printed, 10,000 at a time, at his local Walgreens and Costco. He gave a card to everyone he met. And I mean *everyone*. Jerry was diligent about spreading his message. His goal was to reach one billion people on the planet in a period of two years. He wanted them to know that the key to living a happier life lay within their own minds.

How?

By focusing on LOVE.

We all know that Love is certainly worthwhile, and as Jerry would say, perhaps the only thing that truly matters. But Jerry would want to be clear that he was speaking of a non-romantic love. He was speaking of a pure love that transcends all boundaries of time and space, and which lies at the heart of every human being ... and beyond.

As you perform *The Gift of Love* process on a regular basis, you will find it becoming second nature and you will start to notice that, somehow, the world “feels different” and that things just seem to go your way. Life becomes easier and less stressful. The sun seems to shine a little brighter. This our promise to you.

Sadly, our beloved Jerry DeShazo shuffled off this mortal coil on December 4, 2010 after a sudden illness. You can read more about the manner of Jerry’s
passing at the end of this book.
CHAPTER ONE

Journeying Into the Land of Pure Love

JERRY’S STORY

This is how my personal journey into Love began:

Thirty years ago I opened my mouth to give a sales presentation and nothing came out.

Nada. Zilch.

I was paralyzed. My tongue was tied in a thick knot. Panic coursed through every cell of my body. My thoughts were jumbled and incomprehensible. I would have loved to have screamed but I couldn’t even do that. Clarity was the furthest thing from my mind. It was a word I’d never heard before, in a language I didn’t even recognize.

My company soon sent me to Toastmasters to help me break my stage fright because I was the best salesman they had. They couldn’t afford to lose me. I couldn’t afford to lose me.
But even at Toastmasters, I kept tripping over my tongue. I knew fear of public speaking was one of mankind’s biggest fears, but that only made my shame a little less tolerable. Then one day at a meeting, a little old man pulled me aside and showed me a method — a secret technique — to keep me from freezing up.

Even though I understood what he said, I didn’t believe it would work. It was too simple. But on my next trip to the stage, I started using the technique even before my name was called. At the podium, I used what the old man taught me over and over again.

I gazed at my audience, opened my mouth, and the words came out. Actually flowed out. And kept flowing.

Wow! The old man’s trick worked!

I had clarity like I never had before, a complete loss of fear. At one point, I sensed my audience starting to drift, so I reapplied the technique and I noticed that people started to pay attention again.

It was magic. And eventually it allowed me to overcome my fear of public speaking. But it did much more than that. It replaced the fear with a charged emotional energy, which I could amplify and project at will. People could feel and resonate with this energy state, although they didn’t know why.
My next major challenge was when I almost got fired from my job. I had become so absorbed in this energy state and its potential uses that I began to study related healing modalities and philosophies. Soon they became the primary interests of my life, and I found myself slacking off from my so-called job. I was given thirty days to shape up ... or ship out. I tried to grasp what was going on. Why was I doing so well in one regard, yet so lousy in another?

That’s when I decided to use that high-value energy at work. Starting Monday morning I never picked up the phone and made a sales call without first using that clarity-filled, positive, unifying energy. As a result, I closed three and a half years worth of business in thirteen weeks. Needless to say, the company didn’t fire me.

I realized I had discovered my life’s work, and it was more exciting than anything I had experienced before (or since). In 1988, I was invited as a citizen diplomat to the First Soviet American Citizens Summit in Washington, DC. The objective of the summit was to create joint projects in education, cooperative entrepreneurship, medicine, health care, and space – thereby creating a sustainable planet. (Remember, this was before the Berlin Wall came down.) Over 500 delegates from the U.S. and Russia met, sequestered, in a hotel for a week. Our intention was to come together with open hearts, drawing upon this high-value energy. It was a miraculous event. Incredibly, more than 100 business co-ventures were developed and agreed to that week.
A year and a half later, I was selected to travel to the Soviet Union to help develop joint ventures between Russian and American entrepreneurs. At first, we were wary of each other and sat with folded arms and skeptical faces. But over the course of twenty-five meetings, I focused on holding and amplifying this high-value energy. A shift occurred and, once again, hearts blossomed and connected. The communication between so-called “enemies” was profound and mystical. In fact, some of the interpreters had tears in their eyes because they were so overcome with emotion. I knew then that we were all touched at a level beyond words. At the end of the week, I returned to the United States with three signed protocol letters of agreement, normally an impossible feat in such a brief period of time.

As this process evolved over the years and I began teaching it to others, the most time-consuming aspect was assisting people in remembering and recognizing when they’re in that place of high vibration. I realized that if I was to give this gift to the world, I was going to have to simplify the method for finding one’s “special place” in order to speed up the transformation process. But what could be universal to work for everyone?

As I contemplated this issue, a writer friend suggested that I get these thoughts down on paper.

“How?” I asked.
She told me to start with a single word and then just free-associate. A week later, I sat down with paper and pen, and found myself scrawling the word “love” almost by magic. Within five minutes, I had written what appeared to be a poem. It was short, but very profound. I realized that when people are in a state of pure love, they are operating at their highest, most powerful energy level. And everyone wants love — not merely romantic love, but pure, unfiltered, universal love. To experience and feel the vibration of Pure Love is the driving, connecting force underlying all human behavior.

And when you’ve got it, you know you’ve received a real gift. The ultimate gift. My writing was called The Gift of Love and I was able to teach others to use it as a transformational tool. If you practice the breathing process as directed, you will find yourself letting go of negativity and rising to a higher vibrational state. You will release negative and dysfunctional thought patterns. You will feel better about yourself and others. Yes, love is truly the tool of transformation.

As you embrace and radiate The Gift of Love energy, everybody wants to connect with you. Everybody wants to be your friend. Everybody wants to do business with you and become your partner. They feel safe and secure, without even knowing why. They simply have a powerful feeling of kinship.

I believe The Gift of Love process can be used effectively in any situation, at any time. I have seen it transform lives and relationships over and over again. Will this system work for you? I dare you to put it to the test.
This is my gift to you.

*The Gift of Love.*

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**The Gift of Love**

I Agree Today
To Be the Gift of Love.

I Agree to Feel Deeply
Love for Others
Independent of Anything
They are Expressing,
Saying, Doing or Being.

I Agree to Allow Love
As I Know It
To Embrace My Whole Body
And Then to Just Send It
To Them Silently and Secretly.

I Agree to Feel It, Accept It, Breathe It
Into Every Cell of My Body on Each In-Breathe
And On Each Out-Breathe
Exhale Any Feeling Unlike Love.

I Will Repeat This Breathing Process Multiple Times
Until I Feel It Fully and Completely,
Then Consciously Amplify in Me
The Feeling of Love and Project It to Others
As The Gift of Love.

This is My Secret Agreement —
No One Else Is To Know it.
CHAPTER TWO

Release the Love of Power and Become One with the Power of Love

In Chapter One you were introduced to a bit of the background and development of *The Gift of Love*. As you read the chapter you probably said to yourself, “This sounds intriguing ... How did that guy do that? What secret did the little old man teach him? I’d like some of that energy for myself.”

Then as you read the poetical writing you were probably a little confused. What is this thing?

It’s not really a poem in any true sense of the word. It doesn’t rhyme, it doesn’t have meter, it doesn’t have cadence, it doesn’t have literary structure. But the words sound nice. We all want love. Love is a good thing. “Yeah, yeah, I know that,” you say.

So you might find yourself putting it aside without really processing the writing, without really thinking about the meaning and implication behind the words. You might find yourself uttering one of the most dangerous statements in the English language: “I know that.” And then you might simply set the writing aside.

Big mistake.
Yes, the writing is uncomplicated and straightforward. Seemingly simple.

That is true.

But do not be deceived by its simplicity. A thing does not have to be complicated in order for it to work powerful changes in our lives. Sometimes our conscious minds think so, tell us so, but that is just the ego at play. We think things have to be complex or difficult or they don’t have value in our lives. But answers don’t have to be difficult.

For instance, how does one quit smoking?

You might come up with a host of methods: hypnosis, the nicotine patch, nicotine gum, peer support, cutting back on frequency, etc.

But the truth is you quit smoking by never again putting the cigarette between your lips and inhaling.

That’s it, plain and simple.

“But it’s not that easy!” you cry. “I’m addicted!”

Yes, you very well may be addicted.
But the truth is that we are all addicts.

Addicts to our pre-conditioned patterns of behaviors and responses.

We have learned them over the course of our lifetime. Thus, we hold onto them for dear life. They are what we know, what we are used to. They may have been ingrained by our parents or by other loved ones. In the end, it doesn’t really matter. The question is, do these behaviors and responses serve us in our lives now? Are we accomplishing our goals and dreams? Are we living happy, fulfilled lives?

If you can truthfully say that you have achieved and manifested everything you’ve ever wanted or are completely fulfilled, then you can stop reading right now. But if you’re like the rest of us, you probably aren’t there yet.

So please keep reading.

*The Gift of Love* is a process that will help you break through old patterns of pre-conditioned responses. It will help you get to where you want to be. And it will all be done in a simple easy way by causing you to enter into a powerful state of total relaxation and peace.

Is this complicated? No.
But you have to practice it. You actually have to do it. You must go through the simple steps, one by one.

It’s not a “weird” poem written by some kook. It’s a way of being. It’s a way of responding to life’s challenges from a higher perspective — a perspective that opens the door to a life of peace and acceptance. It’s a powerful tool that allows us to access the most appropriate resource to deal with the many demands of life.

There are no withdrawal pains, unless you want there to be. But here’s a word of advice: forget the withdrawal pains. They’re unnecessary, and you’ll enjoy the ride much better without them.

That’s why this chapter is called *Release the Love of Power and Become One with the Power of Love*.

“What?” you ask. “Release the Love of Power? What are you talking about? I don’t love power! I’m just trying to get through life with as little pain as possible. What is this stuff about the love of power? I don’t get it.”

You don’t get it?

Think again.

You are in love with power.
Stop fidgeting.

We'll say it again, "You are in love with power."

Okay, you may not be aware of it on a conscious level, but that doesn’t diminish the truth one iota. Your mind is in charge, and it wants to stay in charge. It loves being in charge. It loves being powerful. And your mind behaves and reacts as it was taught over the course of your lifetime. It controls your thoughts and responses to events, both positive and negative. It thinks it is the real you and you think it is the real you.

But it’s not. It’s only an illusion of you. Who you are is bigger and grander than that. Many many times over. A million times over. A billion times over. Who you are is the essence of what we’ve been talking about this whole time.

Yes, you guessed it.

Love.

Pure Love.

Love is the real you. Love is your core, your essence. It is the source of your authentic power.
So when you release the love of power and become one with the *power of love* you are returning to the source of your highest authentic power. The power point. The place where you have access to all your strengths and resources. You are becoming one with who you truly are.

You are returning home.

And it’s a lovely place to be.

The novelist Thomas Wolfe wrote a book with the title and sentiment that *You Can't Go Home Again*. That’s nonsense. Home is the only place to be. And, unconsciously, you know that.

You’ve always known that. Ever since you slipped from your mother’s warm womb into the hands of the doctor who spanked you and awakened you rudely to this dimension.

That’s where the “forgetting” began. And in the course of your busy life on planet Earth, you’ve fallen further and further away from the truth. You’ve become so absorbed in “the real world,” you’ve lost touch with your true essence, your true identity.

But you don’t have to be out of touch any longer.
You can return to the truth of you.

It’s easy. It’s 100% possible.

With a process called The Gift of Love.

And we’re here to be your guides.

We’ll get you home again. Don’t worry.

We can hear you now: “Okay, let’s say that this is true. Let’s say I temporarily accept your assertion that I do have a love of power. How do I release it?”

Here’s the secret: recognize that your mind has been in control all this time and that it has been directing your thoughts and emotions. Acknowledge that most of your response patterns have been on autopilot, just like your body’s autonomic functions of respiration, blood pressure, and heartbeat.

Once you accept that truth, that you are not your mind, you will be able to go to a new level. You will be open to releasing the love of power and experiencing the gift of the power of love. The real you will begin to shine through. It may seem scary at first, but after you practice the system a few times, it will feel like the most natural thing in the world. You will wonder why you haven’t done it before. It will feel blissful and beautiful and boundless. You will find yourself floating in a timeless space of elation and exhilaration.
Sound like a big promise?

Not really. Not when you surrender to the process. Not when you consciously decide that you are going to release the love of power and become one with the power of love.

Take a deep breath right now, while you’re reading these words. Count to three. Now release the breath.

How do you feel? Do you feel calmer or do you still have some resistance? Maybe you feel that you want to hang onto your identity. Perhaps you’re a lawyer or a professor or a doctor. You’ve spent your life “in your head.” You believe you know who you are. You are absolutely steadfast in your definition of self. Perhaps your just mind doesn’t want to let go ... That’s okay. We can work with that.

Just be open to playing along with us. Pretend it’s a game.

Don’t be threatened. Love can never be a threat. Certainly not Pure Love, the type of love we’re exploring in this book. Be open to the possibility of having fun. Be open to the possibility of having a good time. You just may find yourself enjoying the experience.

It’s almost time to move on to the next chapter and begin our journey. So get comfortable, get relaxed. You’re about to voyage into the land of Pure
Love. Always remember, when the power of Pure Love overcomes the love of power, the world (and you) can achieve peace. The choice is yours.

Before we move on, let’s review *The Gift of Love* again.

This time, we want you to read it slowly. Line by line. Take your time, absorb the words like you’re tasting a fine wine.

Savor it. Relish it.

For easy reference, here it is again:

**The Gift of Love**

I Agree Today
To Be the Gift of Love.

I Agree to Feel Deeply
Love for Others
Independent of Anything
They are Expressing
Saying, Doing, or Being.

I Agree to Allow Love
As I Know It
To Embrace My Whole Body
And Then to Just Send It
To Them Silently and Secretly.

I Agree to Feel It, Accept It, Breathe It
Into Every Cell of My Body on Each In-Breath
And On Each Out-Breath
Exhale Any Feeling Unlike Love.

I Will Repeat This Breathing Process Multiple Times
Until I Feel It Fully and Completely,
Then Consciously Amplify in Me
The Feeling of Love and Project It to Others
As The Gift of Love.

This is My Secret Agreement —
No One Else Is To Know it.
CHAPTER THREE

First, Set Your Intention

Welcome, you made it to Chapter Three.

Stick with it. It will be worth it.

Did you read through *The Gift of Love* again as instructed?

If not, please do it now.

Did you get a better sense of it this time? Did you start to see that it is more than a poem? That, in fact, it could be a guide to a new realm of experience? Could you start to feel the implications behind the words?

Good, because now we’re going to delve into *The Gift of Love* on a deeper level. This chapter is called *First, Set Your Intention*. The first two lines of *The Gift of Love* are:

I Agree Today
To Be The Gift of Love

So your intention – your mission, as it were – is to be one with *The Gift of Love*. That’s the starting place for changing your life with this process. Just as the previous chapter asked you to give up the love of power for the power of love, this chapter calls on you to be one with *The Gift of Love* process.
Well, what exactly does that mean?

It means that you are committing your *entire* being to this process. You are not merely mouthing the words, you are also feeling them on a very deep, conscious and unconscious basis.

Right now you’re probably thinking: “That’s easy! I can do that, no big deal!”

But can you really?

You are being asked to make a commitment. To experience *The Gift of Love* at the cellular level. Remember, if you want to break your addiction to old, pre-conditioned behavior patterns, you’ve got to try something new, something different.

If you’re going to play, you have to dive into the deep end of the pool.

One hundred percent total commitment.

Sink or swim.

But don’t fear. You’re not going to sink.

Pure Love is the most buoyant force in the universe.
You cannot drown.

In fact, you will find yourself floating on the most peaceful, most gentle waves you can imagine. You will also be filled and embraced by an inner warmth and glow.

And the more you do this process, the more relaxed and content you will feel. And that’s a huge side benefit: stress reduction. Studies have shown that today’s society is ridiculously over-stressed. Here are some facts about stress:

- Fifty-four percent of Americans are concerned about the level of stress in their everyday lives.
- Sixty-two percent of Americans say work has a significant impact on stress levels.
- Seventy-three percent of Americans name money as the number one factor that affects their stress level.
- Increasing numbers of children, teenagers and college students report feeling under stress.
- Twenty-five percent of workers have taken a day off from work to cope with stress.
- Sixty-six percent of Americans say they are likely to seek help for stress.
- Highly stressed teenagers are twice as likely to smoke, drink, get drunk, and use illegal drugs.
• Stress contributes to such life-threatening problems as heart attack, stroke, depression and infection, as well as to chronic aches and pains; it compromises the immune system.

• Tranquilizers, antidepressants, and anti-anxiety medications account for one-fourth of all prescriptions written in the U.S. each year.

(Sources: American Psychological Association 2004 survey, American Institute of Stress, National Center on Addiction and Substance Abuse)

As you can see, stress is a real problem in our lives. A big one.
Things move so fast today that life seems to be a blur. We feel that we are always behind, always running late, always struggling to keep up.

It’s exhausting.

We’d take a vacation ... but we just don’t have the time!

Does this describe you?
It used to describe the authors.
Well, sometimes it still describes us.
But you know what we do at those times when we feel our hearts racing and our chests getting tighter?

That’s right.
We practice *The Gift of Love* process and use the energy to dissipate the stress.

It works every time.

Guaranteed.

Uh oh. You’re probably thinking: “Guaranteed? Come on! How can that be true?”

Well, let’s examine the way stress works.

The more stress that is placed upon you at any given moment, the less able you are to respond in an efficient, healthy and valuable manner.

Your mind hits “overload” and shuts down to the many possible ways of responding to the situation.

Your options constrict and become limited.

You can no longer see over the horizon; instead, you can see only a few feet in front of you.

You are no longer able to access what we call “the full resource state.”

Your thinking and processing abilities have diminished to the point where your subconscious automatic programming takes over.
In fact, if the stress is extremely severe, you may panic.

This is called the *fight or flight* response.

You “must run away” or “fight to keep from dying.”

Now you may not literally die, but in a larger metaphorical sense, your mind thinks so. You have to escape the situation, or the biological organism that is you will shut down.

This is what happens to people who experience intense trauma. They recall images of past events and repeat them so often in their minds that they develop a false sense of reality that sometimes leads to self-destructive behavior. They are unable to cope appropriately, and thus, have a breakdown and shut down from the outside world.

It isn’t pretty.

Most likely you know people who’ve experienced breakdowns. Maybe you even know them intimately. In today’s hyper-accelerated society, they are, sadly, becoming more and more common.

So how does *The Gift of Love* help with this?
Einstein said a problem cannot be solved at the level of thinking at which it was created. *The Gift of Love* process raises your level of thinking by shifting you into a higher state of consciousness.

A state where the negative effects of stress are dramatically reduced and you open up to your full resource potential.

Thus, you are able to access a greater number of options and choices. From this point of ultimate awareness, the best options will become clear to you.

And you will be able to act from a place of strength.

So stress reduction itself is a good enough reason to use *The Gift of Love* process, even though other benefits will soon become apparent in your life ...

One of the blessings of *The Gift of Love* is that it is not an intellectual process. You don’t have to be a Rhodes Scholar to use it. In fact, you don’t even need a G.E.D. All you need is the willingness and desire to use it.

*The Gift of Love* process is not about the mind, it is about the heart. There are no books you have to read, no courses you have to take. Where you are in your life *right now* is the perfect time to apply and use *The Gift of Love*. 
You merely have to be open to the process and agree today to be *The Gift of Love*. That is the starting place to a more peaceful, harmonious life.

What exactly is *The Gift of Love*?

It’s an energy, an elevated state of consciousness, the highest level of consciousness one can achieve, because it comes from the state of Pure Love. Not romantic love, not family love, not brotherly love, but love that comes from the highest essence of you – the energy at the source of your being.

How do you achieve this state of Pure Love? Don’t worry. We’ll show you how to do that in the next chapter.

But first, we’re going to prepare for the journey.

You’ve now agreed to be *The Gift of Love*. That is your intention for today. You don’t have to think about tomorrow, or yesterday, just today, just this present moment. As the saying goes, “Yesterday is history, tomorrow is a mystery, and today is a gift. That’s why they call it the present.”

As you start your journey, state aloud, “I agree today to be *The Gift of Love,*” and place the thumb and forefinger of your right hand together. Do likewise with the other hand so that now you’re pressing the fingers together of both hands. “I
agree today to be *The Gift of Love.*” Take a deep breath and say once more, “I agree today to be *The Gift of Love.*”

This is called “setting your anchor.”

Whenever you sit down and practice being *The Gift of Love,* we want you to press your thumbs and forefingers together as you take a deep breath, then release them at the height of your breath. This anchor will then become a trigger enabling you to return to the energetic state of Pure Love on demand.

This creates an association between the mind and body and will help to change your physiological state so that you slip easily into *The Gift of Love* energy. This is one of the secrets that the little old man taught Jerry to cure him of his fear of public speaking.

This triggering technique will be especially beneficial later on, after you have been using *The Gift of Love* for some time.

You will find that when stress or negativity suddenly erupts in your day-to-day life and you are overwhelmed with negative emotions, the use of this technique ensures that you can return to a place of relaxation and peace on demand.

Instead of lingering in a state of anxiety, you will automatically press your thumbs and fingers together and, as you take a deep breath, you will feel better
almost instantly. You might even find yourself saying, "I agree today to be The Gift of Love."

“Instantly? There you go again. Come on!”

Remember, we did say after you have been using The Gift of Love for a while. Like most things, it takes a bit of practice before you become proficient.

But you’ll get there. We have faith in you.

Now, let’s move onto the next chapter where you will find out how to tune into your personal state of Pure Love.
CHAPTER FOUR

Finding Love in All the Right Places

This chapter is called *Finding Love in All the Right Places*.

Over the course of our lifetimes, we’ve found love in all the wrong places. But, like we said earlier, we’re not talking about that kind of love.

And that’s a good thing.

Because romantic love relationships are often fleeting.

And so are most relationships in general. They change over time, rarely remaining constant. They have their peaks and their valleys, their ebbs and their flows.

What we’re talking about is pure unfiltered love.

The love that surpasses other forms of love because it has no borders.

A love that is timeless, unquenchable, and unstoppable.

Unconditional love?
Yes.

But it’s more than that.

It’s a love that strikes you at your core.

A love that, when you experience it, may cause you to feel a “special” high. But, remember, this love is not based on physical attraction. It’s not about hormones or pheromones.

It’s a love that cannot be put into human words, but which is experienced only at the deep cellular level. It touches your essence. It’s a vibration at the very core of your being. You might say it’s a space where you feel you can handle any challenges that arise.

This is the place of *The Gift of Love*. And this is the ideal state in which to create positive change in your life.

So if this is the place where powerful changes happen, how do we get to that place?

Well, first of all, we look for things that remind us of that unconditional love, love without an agenda. Objects, people, and places that cause a spark of recognition of our highest selves, maybe even a spark of something *beyond ourselves*. 
Now these things may be different to different people. Sometimes they’re universal, sometimes they’re not.

But often they are very simple.

For instance, when you look into a smiling baby’s eyes, you may be transported to a place beyond time and space. You may feel you’re experiencing pure love, unblemished by personality or judgment.

This young soul has not been on the planet long enough to start picking up labels or baggage from his or her elders.
It’s still radiant and free.

And maybe we sense that at our core. We see the purity behind the eyes. We sense that this child has just arrived from a mystical magical place – a place that we will all return to – a place of Pure Love.

Now, even if you don’t care for children, you’ve got to admit, that’s a pretty cute kid. It’s hard to look at that photo and NOT feel your mouth curling up in an involuntary smile.

But let’s say babies just don’t give you that experience we’re talking about. For whatever the reason. It doesn’t matter. We’re not here to convince you. We’re here to transport you to a new way of dealing with your problems through The Gift of Love.

Perhaps there is something else more appropriate to experiencing that Pure Love feeling. Something that really takes you to a special place.

How about an animal?

Perhaps a dog?
Some people find that their dogs create the ultimate feeling of love. When they see their dogs staring at them, wide-eyed, just watching, not doing anything, just merely being present, they feel a sense of connection that goes beyond words.

For others, it’s their cats. Rubbing against their legs. Sleeping in their laps. Purring softly on the pillow.
It doesn’t matter what prompts us to experience these intense feelings of pure love. It’s merely about finding the trigger that causes your heart to swell and connect you to your grandest sense of self.

It could be a person. A member of your family. A grandmother with whom you had a deep bond. Someone who comforted you when you were down. Someone who always stuck by your side no matter how
turbulent the storm. Someone who simply loved you no matter what was going on.

It may even be someone you don’t personally know, but whose ideals and philosophy you admire.

For some, it may be a spiritual or religious person or symbol. It could be Jesus. Or Allah. Or Buddha. Or Mother Teresa.

Or it could be a beautiful work of art. Or a building like the Crystal Cathedral.

Someone or something that triggers a heart connection in you and represents the pinnacle of Pure Love.

It could be a place in nature.

A gorgeous sunset. An epic mountain range. The vast expanse of the ocean.

It doesn’t matter. As long as it works for you and takes you to that special feeling of Pure Love.

You have agreed today to be The Gift of Love. So you must find the gift within yourself in order to share it with others. That is the key. Finding the love within to express to others.
So think about what works for you. You probably have a good idea already. Think about it now. Think about what represents pure unconditional love for you now. Play along with us. Give it a whirl. Remember, you have already agreed to be *The Gift of Love*.

Take a deep breath.

Release it.

Keep concentrating on whatever it is that triggers that love for you. Picture it in your mind’s eye.

Take a moment to pause as your read these words. These words are not important now. What is important is focusing on the feeling of Pure Love.

Take another breath. Release it slowly.

Notice the sensation in your body as you focus on the love.

Are you relaxed? Feeling good?

Maybe your body is tingling? Feeling warm?
Maybe you’re experiencing a sensation of being beyond time and space? Maybe you have a sense of indescribable bliss? Perhaps you feel unstoppable and all powerful?

Good. This is the starting place of creating a better life through *The Gift of Love*.

From that place of strength, power, and peace, you will reach out to others with that special energy and provide them with your gift. And as you do this, the gift will come back to you as well.

This is the law of circulation.

It’s what keeps our economy going. If we stop spending money, and horde it in our bank accounts, then the economy stagnates. Less money circulating creates the illusion of less money in existence. But the truth is there is the same amount of money in existence, it’s just not flowing from one person’s hands to another. This creates the illusion of scarcity.

And that is not a fun illusion. It creates fear and worry ... and less money changing hands. In essence, it’s a self-fulfilling prophecy that does more harm than good.
And it works the same way with love. The less of it you give away, the less of it you receive in return. So don’t be a miser with yourself. Give freely and abundantly.

Joe Vitale, one of the stars of The Secret movie, states the following in his book, The Key:

... if I had to give any more advice about the whole money thing, I would say to be focusing on what you love, because what everybody in the world wants is love; they want to love and be loved. And if you can be focusing on sharing your heart with the people who most want to feel your heart, you’ll end up receiving money. It will come as a by-product, as side effect. It won’t come as anything you’re directly focused on. (p. 148, Wiley & Sons, 2007)

So you see, by focusing on the energy of The Gift of Love, you are distributing the only currency that really matters – Pure Love. It’s a currency that everyone understands and has access to.

And it’s a currency you can create more of.

How?

By thinking of and triggering that thing that represents pure unconditional love to you. Then you simply tune into that feeling, that energy, and focus on it. You hold that vibration. You relish in the energy, letting it circulate throughout your entire being, being totally absorbed in it ...
And then you project it to others.
And, in doing so, the currency of love will affect the world economy in ways you can’t imagine.

So don’t be a miser.

You can’t lose.

Really.

No one can lose.

Everyone benefits.

That is the law of circulation.

Don’t believe us?

Then keep reading because soon you’re going to discover that everything we’ve been telling you is true. But you can’t realize it from within your mind, by thinking about it — you can realize it only from experiencing it within every cell of your body.
So let’s move on to the next chapter: *Breathe It, Be It* ... and prepare to share your love with the world.
CHAPTER FIVE

Breathe It, Be It

In an earlier chapter, you agreed to be *The Gift of Love*.
If only for today, if only for this present moment.

The past or the future doesn’t matter. All that matters is being here and now, in this present moment.

It’s important that you focus on the words on this page, that you be with us as you read these words.

In the last chapter you learned a way to tap into your highest feelings of love. You identified with a person, place, or thing that represented *ultimate* love to you.

Now we’re going to take things a step further.

We’re going to add a vital ingredient.

*The Gift of Love* breathing process.

Yes, we’re going to focus on the special deep-breathing process that is a crucial aspect of *The Gift of Love*. This breathing process is your control valve to
regulating the flow of love throughout your being. Not that you can’t feel and be love without it, but you may certainly engage at more profound levels by using this breathing technique.

And that’s what you want to do: go as deep as possible so that you resonate with the infinite love that is at the core of your being. (Yes, there is an infinite reservoir of love at your core. You’ve already felt it. Remember the previous chapter? If you felt just the tiniest tug at your heart when you looked at the picture of the baby, then you have acknowledged the truth of your being. Now your life might not have been reflecting that truth lately — in fact, you may feel that your “love tanks” have gone bone dry — but life-giving rain clouds are just around the corner ... all you have to do is agree again today to be *The Gift of Love.*)

The more you practice the breathing procedure, the more easily you will find yourself drifting into a state of relaxation. You will slowly tune out the influences of the world and quiet your mind. Those noisy restless thoughts that Buddhists call “monkey mind” will slip gently away. Consequently, tension and stress will also dissipate like wisps of smoke caught on a summer breeze.

Thus, you will be more present and truly able to focus on your deepest, most powerful feelings of love. And that’s exactly where you want to be.

But you also have another tool to speed you on your journey.
Remember the “anchoring” technique from Chapter Three?
By pressing your thumbs and forefingers together as you begin the breathing process, you will condition yourself to slip quicker and more easily into this deep state of relaxation where you can connect with the source of your love.

Ready to give it a try?

Now we realize this may be difficult to do while reading these words — especially if you’re reading from a computer screen or a book — but it’s not about doing it perfectly from the get-go. Right now you are in training. You’re a love cadet. But soon you will be a full-fledged master sergeant, teaching others and sharing your gift with the world.

So let’s get started.

It might be best to sit upright in a chair, plant your feet on the floor, and place your hands in your lap. If necessary, shift your body until it is in a comfortable position. The key is to get as comfortable as possible. If you feel any discomfort you may be distracted from fully engaging in the process. And we don’t want that.

Most of us are used to breathing in a short, shallow manner; consequently we don’t get enough oxygen into our lungs and expel enough carbon dioxide. Some
experts say that this leads to “oxygen starvation,” which causes a lack of energy. Maybe you’ve experienced this feeling? Perhaps it’s even led to a depletion of your love tanks?

Well, it’s time to fill up your tanks. The waiting is over.

Now go to your special place of Pure Love.

Is it the baby’s face?

Is it a cherished pet?

Is it a beloved family member?

Whatever it is, put that image, that representation of Pure Love into your mind right now as you “set your anchor” by pressing your thumbs and forefingers together while taking a deep deep breath.

Breathe all the way in from your abdomen. Suck that air deep into your lungs, reminding yourself that you are now absorbing pure unconditional love. Remember, you have already agreed to feel it, accept it, and breathe it into every cell of your body.
Hold for a count of three, then release your thumbs and forefingers and release your breath.

As you exhale, purse your lips (almost like you're blowing a kiss) so that your breath shoots out in a narrow stream. As the air passes your lips, imagine it causing a candle flame to flicker in front of you.

As you continue to exhale, let go of any pent-up, tense feelings. Release any agitation, any discomfort, any feeling that is unlike your Gift of Love source. As you do so, you are releasing any emotional pollution that may have been blocking access to your true self.

Now breathe in slowly, while once again picturing your personal representation of Pure Love and pressing your thumbs and forefingers together.

Count to three.

At the high point of your in-breath, release your fingers, exhale, and blow the air to the imaginary candle, making the flame flicker.

Good.

That’s it.

Let it all go.
Repeat the process.

Breathe the energy of Pure Love from your abdomen and imagine it flowing into every cell of your body. Feel this energy flowing into your legs, all the way down to your toes. Feel it flowing into your arms, all the way down to your fingertips.

You are transforming your state. You are shifting from a state of being locked into your third-dimensional body into something grander, something timeless, something that has always existed and always will.

This is the real you.

That’s why it feels so good.

Repeat the breathing process.

Feel the glorious sensation sweeping throughout your body while you focus on your image of Pure Love. Oh so warm. Like being bathed in the rays of the sun while lying on the beach.

That’s great. It’s all good. It’s all wonderful. It’s perfect.

Now as you keep breathing, scan your body.
If there is agitation in any part, send love to it. Let that warm, radiant energy dissolve the pain and the tension, exhaling the impurities on the out-breath. Keep breathing and sending love until you find yourself at total peace.

That’s the beauty of *The Gift of Love*. There is no struggle, no strain. It’s an easy effortless process that cleanses you from head to toe as you breathe, breathe, breathe ...

Keep breathing until your out-breath matches your in-breath. When the love you inhale is the same as what you exhale, that means there are no more impurities to be expelled.

You have reached the magic point.

You have become one with your “special place.”

*Love in, Love out.*

Your system is now perfectly balanced.

You have now purified your energy.

You have maximized your state of Pure Love in the moment.
We like to say you’ve risen to the top of the pyramid.

The point of ultimate awareness — the point where you have access to your highest resource state, where you can make the most appropriate decisions from the state of your fullest potential.

A common axiom is “It's not what happens to you in life, but how you respond to it.” Once you have mastered *The Gift of Love* process, you will have the ability to *always* make better choices when responding to life's challenges. This is the point of ultimate strength.

Once you have achieved this point of ultimate strength, you are ready to move onto the next chapter, where you will learn how to project the vibration of Pure Love energy to others ...
CHAPTER SIX

Projecting It to Others

Feeling good now?

You should be. If you've been practicing and performing *The Gift of Love* breathing process as instructed, you've been breathing, expelling, and radiating Pure Love for some time now.

You should feel calm, yet exhilarated. You should feel an inner strength, power, and peace that is truly difficult to put into words. And that's because what's happening to you is an experience, a sensation, a feeling that transcends words.

The truth is that Pure Love cannot be expressed in mere words. It transcends any label we try to put upon it. Once we have labeled it, we have diminished it because we are trying to contain it and conceptualize it in human terms. We have reduced it to human comprehension. But describing Pure Love is — to use the words of the poet William Blake — like trying to “hold infinity in the palm of your hand and eternity in an hour.”

Remember, we said in an earlier chapter that you are not your mind? That you are bigger and grander than that? Your Higher Self exists at a level of consciousness that is far beyond what you're experiencing now in this earth-
bound third-dimensional reality. You might call it a “fourth-dimensional consciousness.”

But your mind doesn’t want to hear that because it wants to remain in charge. It’s safer that way.

It’s a protection mechanism.

The mind cannot deal with something that is beyond its conception — and definition — because that thing represents danger. Fear of the unknown. This is fear at one of its simplest, most basic levels. So the mind wants to filter out things it cannot define because otherwise it just doesn’t know what to do with those things ....

Like Pure Love. Love without an agenda.

But Pure Love exists. We know it does. You just experienced it. You just harmonized with it. You just became one with it.

And you know what? The mind knows it exists too.

But only to a degree. A miniscule degree.
The mind is aware that poets have written about love. The mind is aware that people “fall in love” — the very wording suggesting that people lose control by “falling” out of their normal behavior into a dangerous unknown pattern where anything can happen, where madness lurks around the corner, i.e., “They are madly in love!”

So, yes, the mind knows about romantic love. It even knows about the love that exists between family and between friends. The mind even realizes that love is a “feeling.” It especially knows this. That’s why the mind doesn’t like it. *Because feelings are not rational.* They are subject to the whims of the emotions and are often uncontrollable.

What you experienced during *The Gift of Love* breathing process was not rational. But you know what?

That’s okay.

It was love from a higher place. It was love from your higher consciousness. It was love from a place beyond time and space.

See, we’re trying to put words to the experience. But we’re failing, because mere human words cannot do it justice. So let your mind accept that you were in a place beyond description. Just let the mind go. No fear.
But you were there, weren’t you, in that special place? You felt the indefinable. You felt yourself floating on the ethers. Maybe you even felt a connection with all that exists and all that has ever existed? If so, that’s great, because you just experienced the infinite oneness of Pure Love.

It’s okay to lose control in that marvelous space. In fact, it is ideal. Fall in love. Fall in love with Pure Love. It’s safe. It will catch you and wrap its arms around you.

Fall in love with the experience because after you have tasted it, savored it, you will realize that it is something that is not meant to be kept to yourself. It is something to be shared.

Shared with others.

Because that seems to be the proper thing to do.

The only thing to do.

It will balance your world.

It will take you to a more peaceful, sustainable place.
When you are in this place of ultimate love, this place of ultimate strength, you come to realize it is your duty to share this feeling with others.

In fact, you want to share it.

And you know what? That’s a beautiful thing. Because then you are helping to fill the love tanks of those who are running on empty ... those who are thirsting for a mere ounce of kindness to drop into their tanks.

And it’s easy for you to do ... because your own tank is already bubbling over with love and you are merely quenching the thirst of those who may so desperately need love with the overflow.

At the beginning of this book, you agreed to be The Gift of Love. You made a vow, a commitment, remember? And the fact that you’re still reading these words is a sign of your commitment. You are still here. And you are to be applauded.

Remember this stanza of The Gift of Love?

I will Repeat This Breathing Process Multiple Times
Until I Feel it Fully and Completely,
Then Consciously Amplify in Me
The Feeling of Love and Project It to Others
As The Gift of Love.
Let’s look at the line: “Then consciously amplify in me the feeling of love and project it to others.” Now that you’ve realized the value in experiencing The Gift of Love, you know how good, how perfect it feels, right?

Well, now it’s time to crank up the feeling. Turn the dial all the way up. Because now you’re going to become a radio station for The Gift of Love, K-TGOL. You’re going to send your signal out into the universe at maximum wattage. You’re going to broadcast at full power.

But don’t worry — you won’t drain or strain yourself because the power source of Pure Love is unlimited. In fact, it’s the ultimate state of renewable energy. It can never be diminished nor destroyed.

So let’s jump back. Press those thumbs and forefingers together again because you’re going to tune into The Gift of Love once more.

Breathe deeply and gently. Allow yourself to slip into that state of pure relaxation where time is meaningless and nonexistent.

In your mind’s eyes, focus on the person, place, or thing that represents Pure Love to you.

Let the good feelings come ...
Keep breathing, keep focusing.

Repeat. That’s right.

Repeat again and again until you feel your entire body filled with love. Let these words go and focus on the wonderful sensation of Pure Love. When you’re ready, come back to this page. We’ll be here....

Are you back with us now? You should be feeling relaxed and warm and filled with inner strength and peace. It’s good, isn’t it?

Now, there are a few ways you can share this energy with others. You can do it individually or collectively. To get started, let’s do it for an individual, a specific person. This will help you develop your love-sharing skills.

So think of someone who is going through a difficult or challenging time right now. That shouldn’t be hard to do. You’ve probably seen the stress or anxiety mirrored on their face. It’s in the way they talk or the way they move their body. Or they may have simply confided in you. Perhaps they’re in the midst of a dilemma or crisis and they don’t know what to do.

Whoever it is, this individual could use some love, some peace of mind, and that’s what you’re here to share.
The Gift of Love.

So continue to breathe deeply. Press your thumbs and forefingers together. Let the love vibrate through your system ... Let it super-charge your entire being.

Breathe in, breathe out.
Love in, love out ....

Now as you’re filled to the brim with Pure Love, just gently bring the person you wish to share love with into your consciousness. Don’t make a big deal about it. Don’t strain in order to picture their face. Just gently think of them. If their image does pop into your mind, that’s okay too.

Just gently focus on the person.
Quietly and simply focus.

Now as you continue to breathe this wonderful, healing love in and out, as you bask in the radiant bliss, project that love to the person you wish to share it with. Crank up the love, and send it to that troubled friend. Project the vibration outward. See and feel your recipient surrounded by a cocoon of love. Remember the saying, “Energy flows where attention goes.”

A high-frequency communication is taking place.
Your higher consciousness is talking to their higher consciousness.
You are connecting at a vibrational energy level that is free of human filters and blockages. This is the purest — and most desirable — level of communication.

Have you ever been around someone and you just plain felt good in their presence? You didn’t even know why. We usually say something like “they have great energy” or “good vibes.” And that’s true, they do. What’s happening is that your higher self is communicating with their higher self, and you’re experiencing the vibration of the energy of pure love on the human level. Wow, what a feeling!

Some people have developed the ability to access their higher consciousness more easily than others, and as a result, we experience their “energy” on the physical plane and naturally resonate with them.

When you project _The Gift of Love_ vibration to your recipients, they receive the energy on the higher plane where it filters down to their physical experience and awareness. They may not consciously be aware of what’s happening but find themselves feeling better, seemingly without cause.

You have now opened the doorway to support yourself and others in living from their highest resource state — the tip-top of the pyramid — the higher consciousness where all human and spiritual potential resides.
You have now captured the magic of the universe: the ability to transcend doubt, worry, guilt, fear, anger, resistance, and pain — the cause of most suffering — through a simple process of sharing the vibration of Pure Love.

What a gift that is!

As you become more proficient in sharing *The Gift of Love* energy, you just may find yourself feeling better and stronger and more vibrantly “alive” than you ever thought possible. You may find that the world becomes brighter, colors become richer, and your senses heighten to new unexpected levels.

You can also use *The Gift of Love* process for issues you’re personally dealing with, large and small. Before you go in to take that big exam, sit down, and practice *The Gift of Love* for a few minutes. Feel that test anxiety slipping gently away as you pick up your #2 pencil ...

Next time you get ready to board a flight, sit down in a quiet corner and breathe *The Gift of Love*. Soon you will notice any fear of flying dissipating like fog over a mountaintop.

Maybe you’re holding a resentment or grudge against someone or something. Maybe you’ve been trying to put it out of your mind, but it’s been lingering in the background like a neighbor’s barking dog.
Practice *The Gift of Love*. Relax, breathe deeply, and project Pure Love into your own consciousness. Feel any bitterness and anger diminish as you bring a new energy to the situation. The old, debilitating thought-pattern cannot retain its stranglehold in the presence of Pure Love.

Pure Love will always win because it is coming from the place of *ultimate potential*, a place beyond human limitation. This truly is the highest resource state that exists.

The more you use and practice *The Gift of Love* process, the more it will become second nature to you. When negative events or happenings arise, as they often do, you will find yourself automatically pressing your thumbs and forefingers together, breathing deeply, and centering yourself in a bubble of Pure Love. Even if the triggering event really was *negative*, *your response doesn’t have to be*.

You have now developed the ability to choose a new way.

A more peaceful way.

An effective way.

*The Gift of Love* way.
The Gift of Love process can also be used in group settings. You can use it before you go to a meeting. Or during a meeting. As Jerry mentioned in Chapter One, that’s what he did on a regular basis. He brought that high-value energy into all his company meetings. The effect was profound, resulting in business decisions being made with ease and insight. The company flourished. Jerry flourished.

And the thing was, nobody even knew he was using The Gift of Love, they just welcomed the result. As Jerry became more aware of the benefits of using the The Gift of Love process, he began to apply its simple yet astonishing power to all aspects of his day-to-day life.

And he did it without telling anyone.

Which brings us to the next chapter, This is My Secret Agreement.
CHAPTER SEVEN

This is My Secret Agreement

“This is my secret agreement – no one else is to know it.”

Why is that? Why don’t you tell anyone you’ve been using The Gift of Love?

Because as human beings we all have agendas, whether we’re conscious of them or not. We have expectations and preconceptions. We think people should behave in the manner in which we think they should behave. And often the closer we are to them, the more intense our expectations become.

Don’t believe us?

Ever heard of a little thing called marriage?

There aren’t many expectations involved there, eh?

Just a host of vows and a commitment made to uphold them.

In sickness and in health.

All right, we’re being facetious. But we think you get the point.

You wouldn’t dream of going out with your friends to happy hour after work without calling your spouse first, would you?

That’s just common courtesy.

And you’d expect your spouse to do the same, wouldn’t you?

Of course, you would.

These are marital expectations and quite understandable.
But sometimes the event (and its inherent expectations) becomes the opportunity to start keeping a scorecard of resentments.

So even though you checked in with your spouse about happy hour and got “the okay” — what you may not have gotten was approval. What you may have gotten was an unspoken, slow-burning resentment ... perhaps on its way to a full-out conflagration.

What you may have really gotten was: “If he/she really loved me, they’d come home right away. They must not want to be with me. What’s wrong with them? Don’t they appreciate me? Don’t they love me? After all I do for them!!”

Okay, maybe we’re being a bit extreme.

But you can see what we’re driving at.

Intimate relationships often have the strongest expectations of all. And, once again, that’s understandable. We are at our most vulnerable in intimate relationships. We have exposed our true selves to a sacred other — often we have disclosed unsavory deeds from our past, and exposed unpleasant aspects of our personality — all the while hoping to be loved despite our shortcomings and weaknesses.

And when we don’t feel that we are fully accepted — when we feel people are avoiding us or running away — we get fearful and anxiety-ridden. Doubt creeps
in. We start thinking the worst — we are not loveable. We are not WORTHY of love. And that’s an unpleasant space to be in.

Okay, we hear you now – “Enough, guys, enough!”

What does this have to do with not telling people you’re doing The Gift of Love for them?

Don’t you see the trap inherent in your very question?

Doing it “for them?”

When you tell people that you’re performing The Gift of Love for them, you’re having an expectation that they’re going to behave in the manner in which you think the recipient of The Gift of Love should.

Should, in your mind.

So that you can get the result you desire.

For example, “I did this for you, therefore you should take out the garbage for me” or “buy me that piece of jewelry I’ve been wanting” or “take me to the movies,” etc.

When you tell people that you performed The Gift of Love for them, that sets a quandary in their mind. How are they supposed to react? You’ve given them this
new piece of information, but what do they do with it? Are they going to be appreciative and perform the desired behavior *you want them to*? Or are they going to perform an action that they *think* you want them to? Or perhaps they will do nothing, adding a new resentment to your scorecard. In any case, the waters of love have been muddied. What started out as an altruistic process has been corrupted by the trap of human feelings and emotions.

And we don’t want that. So we remove the human equation as best as we can by keeping the process a secret.

Remember, you are doing *The Gift of Love primarily for yourself*. Even if you are sending *love* to a friend, you are the one truly enjoying the benefits of the process.

You are the one shifting your consciousness to a place of peace and ecstasy. You are the one reducing your stress by breathing deeply and filling your cells with oxygen.

You are the one *loving yourself* through *The Gift of Love* process.

Remember, you deserve it. And so does everyone else on the planet. So take time out of your busy day and practice *The Gift of Love*. Make it a daily activity. Sit down, relax, and allow yourself to be taken to that magical place where the *real* YOU resides, the *you* that is connected to all that is and all that ever will be,
the you that exists beyond time and space. Discover the real you through The Gift of Love.

* * * * * * * * * * * *

You’ve just experienced the overview of The Gift of Love process in this brief book. Hopefully, you’ve practiced the process as indicated and have experienced its wonder in the core of your being. You have felt its truth and have beheld its promise on a cellular level.

Pure Love is the ultimate reality.

Get real – get love!

Please visit the website www.TheGiftofLove.com. There you will find a nine-minute creative visualization, a simple-to-follow process to listen to online (and download) so that you can super-charge your day and open your heart to feel and project love, making your world a better place each time you do it. You will also find some videos that explain the The Gift of Love process and its application in more detail.

Please share this book with others. Share the website. Share The Gift of Love and how it is making a difference in your life.
But most importantly, project *The Gift of Love* to everyone you meet and allow them to experience the most healing force on earth — Pure Love.

The transformation of our planet begins with *you*.

Love is only a breath away ...

So fill your lungs and change the world!
AFTERWORD

By Mitzi Lynton

Jerry made his transition on December 4, 2010. No one expected him to pass away. We knew Jerry had health challenges these last few years but we didn’t know the severity.

Neither did Jerry.

He was visiting his brother in California when he suddenly took ill. He was admitted to a hospital in Mission Viejo, then ultimately transferred to White Memorial Medical Center in Los Angeles. Though he wasn’t able to get out of his bed, Jerry managed to give out five hundred Gift of Love cards. Nobody knew how he accomplished that feat, but somehow he did. No matter where you went in the hospital everyone seemed to know Jerry as Mr. Gift of Love.

During the course of his two-week stay at White Memorial, Jerry's health continued to decline. On his final night, Jerry was cognizant and lucid most of the evening. At one point, Jerry became frustrated with the slowness of the dying process and said, “This is crazy! I’m ready to go!”

Around 10:15 p.m., Jerry’s brothers, Don and John, left to get some rest at their hotel. They had been awake since 4:00 a.m.
There were four of us who spent that final night in Jerry’s hospital room: Ron Peer, myself, and friends Patrick and Cynthia Porter. Jerry had fathered no natural children, but the four of us considered ourselves his adopted children, and I’m sure Jerry was in complete agreement with that. This final night with Jerry was an honor, a blessing, and time for us to experience something — as strange as it may sound — truly magical.

We played some music for Jerry on a bedside CD player. Songs by Ramon Pratt, from an album that Jerry had produced, and songs from the Agape International Spiritual Center choir. We massaged his hands and feet. Gradually, Jerry settled into a place on the bed where he was comfortable, and he did not move from that position again. A short time later, Cynthia and I looked up at the ceiling simultaneously and we both had an intense feeling that Jerry’s spirit had just left his body, even though his heart continued to beat and his blood continued to pump.

As we dozed intermittently in chairs the rest of the night, I had a distinct feeling of a beautiful luminescent white light surrounding me, and I knew that it was Jerry’s presence.

We did an anointing for Jerry shortly before his physical body shut down, thanking and blessing his body for the service it had given him on this journey called life. We played a CD called Angel’s Voices by Pattie Weber. Just as the anointing concluded, the hospital monitor showed that Jerry’s vital functions had
completely ceased, almost as if on cue. Suddenly, the song *Spirit Chant* came forth from the CD player:

- **Spirit I am Spirit**  
  *I am perfect, I am whole*

- **Joyful, I am Joyful**  
  *I am perfect, I am whole*

- **Peaceful, I am Peaceful,**  
  *I am perfect, I am whole*

- **Loving, I am Loving**  
  *I am perfect, I am whole*

- **Grateful, I am Grateful,**  
  *I am perfect, I am whole*

- **Spirit, I am Spirit**  
  *I am perfect, I am whole.*

Shortly after Jerry had passed, a beautiful doctor with long blonde hair came in to pronounce Jerry dead and record the time of his death. She had never met Jerry, but was the doctor on duty that morning. We told her the story of Jerry’s passing — how serene, how peaceful, how filled with love the room was. We handed her a *Gift of Love* card, because, after all, that’s what Jerry would’ve wanted. The doctor looked at the card, then suddenly burst into tears. She apologized, saying that she was not supposed to cry, but for some reason she was so overcome that she couldn’t help it.

I gave her a reassuring hug. I knew she had felt the sacred energy in the room and that that’s what brought about her profound emotional response. At that
moment, the doctor was truly able to experience the patient as a human being, not just a “name” lying in a bed. She also caught a glimpse of something greater and grander beyond the human being — the truth of who we really are — spirits of Pure Love.

So remember who you really are as you go about your daily life ... remember to spread the truth of you to others ... carry on the legacy of The Gift of Love. Share the website. Pass this book along to others. Help Jerry reach his billion people. Remember, the world can never have too much love.

And neither can you.
Jerry clowning around in Chicago — only eight weeks before his passing